



I'm Abdullah

I See the World
in My Own Way

By:
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I want to tell you
about myself.

My name is Abdullah,
but people call me Abodi.

I have autism which
means I experience the
world in a different way.

Things you may feel normal, I
might feel them stronger. But
I love my own world.



Some days, I feel happy and comfortable.



Other days, I might
have a hard day, and
feel unwell.



Loud noises, especially
crying, make me
anxious and
overwhelmed.



I might repeat words, or
not look you in the eyes.
I might also suddenly
laugh.



Sometimes, I make sudden movements
like rocking my body back and forth, or
flapping my hands. It helps me feel calm.



Sometimes, it's hard for me to join
group games or understand jokes.



I like to build LEGOs and
do jigsaw puzzles.



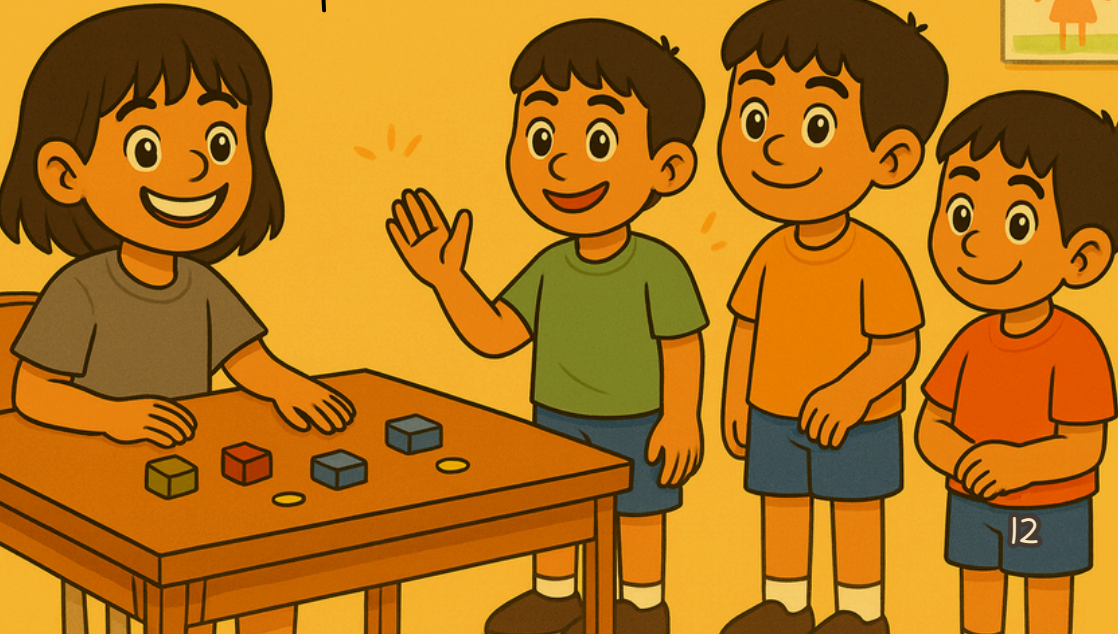


You will always see my shadow teacher is helping me. That's because my learning style is different. 10



Some kids with autism don't speak, some speak few words, and others use pictures or iPad to help them talk.

When you support me, talk to me, and
invite me to play, it cheers me up and
helps me make friends.



Every child is special in his own way.
Accepting our differences makes the
world kinder and happier.



Now you know about me. You can tell your
cousins and friends about autism, and teach
them that being different doesn't make you
any less.





 @the.autism.journey